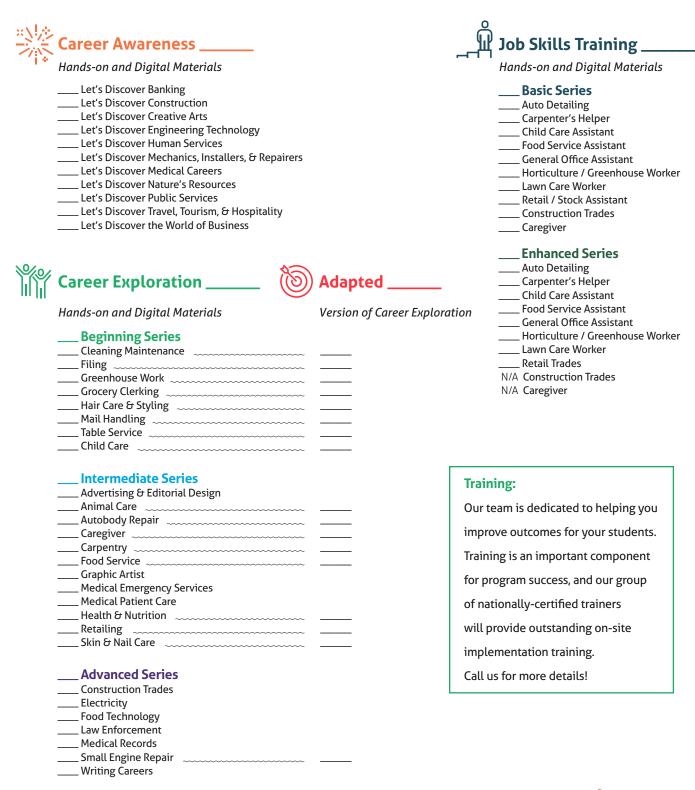
Curriculum Wishlist







Curriculum Wishlist





Independent Living Skills _____

Digital Materials

- Banking: Credit & Loans
- Banking: Checking & Savings
- _ Getting Around
- Living on Your Own
- Skills for Buying a Car
- _ Renting an Apartment
- _ Life Skills for the Telephone
- __ Consumer Shopping
- ___ Customer Service
- __ Time Management
- ___ Perimeter & Area
- ___ Laundry
- ___ Using Money
- ___ Kitchen Safety
- _ Kitchen Tools
- Measurements
- **Baking Math**
- _ Sales Tax, Discounts, & Tips
- ____ Study Skills
- ___ General Housekeeping Tips



Self-Confidence & Social Skills _____

Digital Materials

- _ Cyberbullying
- Bullying
- _Internet Safety
- __ Problem Solving
- __ Conflict Resolution
- __ Self-Esteem
- __ Friendship Basics
- _ Teamwork
- Service Learning
- Social Skills
- **Showing Respect**
- **Diversity Awareness**
- Self-Determination
- __ Workplace Bullying



Health & Nutrition __

Digital Materials

- _ Planning Healthy Meals
- _ Weight Control & Physical Activity
- _ Healthy Snacks
- _ Healthy Meals on a Budget
- Food Labels
- Active Recreation
- Passive Recreation
- __ Dangers of Tobacco
- __ Basic First Aid
- ___ Basic Hygiene
 - __ Dangers of Alcohol

Job Prep & Employability Skills _____

Digital Materials

- Planning Career Goals
- Looking for a Job
- Developing a Resume
- Completing a Job Application
- _ Interviewing for a Job
- Positive Attitudes in Getting a Job
- Your Appearance in the Interview
- Verbal & Non-Verbal Communication
- Written Communication
- __ Your Appearance on the Job
- Positive Attitudes in Keeping a Job
- ___ Maintaining Regular Attendance
- ____ Following Directions
- __ Workplace Literacy
- Expectations on the Job
- On the Job Phone Skills ___ Managing Your Money

Online Training:

We are happy to offer online instruction to help teachers utilize our Achieve Life Skills resources. Ask us how you can participate in a comprehensive webinar prior

classroom!

to using our curriculum in your





