



Remote Behavioral & Mental Health Services from PresenceLearning

Meet Your Student's Social, Emotional, and Mental Health Needs With An Option That Speaks To Them

Why Online Behavioral & Mental Health Services?

With the rising demand for behavioral and mental health services that are accessible for schools and engaging for students, many schools are turning to remote services to fill gaps left by traditional models. PresenceLearning provides access to high quality, certified mental health professionals, giving schools a flexible, effective, and affordable way to meet the needs of their students.

Not only do our services solve school stressors, such as of lack of resources and budgetary constraints, they also provide students with options. Not all students respond to the same academic instruction modalities, and the same applies to behavioral skills and mental health. Behavioral and emotional needs deserve the same instructional strategy options as academics.

The benefits of remote services for your school district or education agency include:

- Expanded capacity with access to highly qualified, certified mental health professionals
- A format that appeals to digital natives and provides anonymity to reduce stigma
- Flexible scheduling that works best for the student

How Does It Work?

Using the same evidence-based techniques as onsite professionals, PresenceLearning's mental health professionals use our secure, web-based platform to deliver sessions in a location of your choice. Services are provided live and online—either 1:1 with a student or in a small group—and include:

- Behavior interventions
- Mental health services
- Social skills groups
- Threat assessments

"I am pleased with the progress you have made with my student. Since he has started with you, he has made two new friends, participated in multiple sleepovers and is doing a great job with communicating. This is the most social progress he has ever made and he has been in social skills therapy since he was 6."

— Learning Coach of Virtual School Student

"I was observing the social skills class and it was AMAZING! The kids are LOVING IT! They are totally engaged. It is awesome to see... I seriously want to cry watching some of these kids having fun and doing AMAZING things that we NEVER would have expected in September."

— Special Ed Administrator

Solution Overview

The following table includes the most commonly requested online behavioral & mental health services offered by PresenceLearning.

Online Services	Overview	Sample Activities
Behavior Interventions	Implement behavior plans as stated on BIPs	<ul style="list-style-type: none">• Behavior ABCs• Self-regulation activities• Check in/check out• Self-monitoring of behavior goals• Individual or small group skill-building sessions, such as anger management and social skills
Mental Health Services	<p>Empirically-supported, solution-focused treatment using specific interventions to address emotional difficulties</p> <p>Medicaid-reimbursable services for qualified students</p>	<ul style="list-style-type: none">• Cognitive restructuring• Videos• Games• Relaxation techniques• Self-monitoring/journal reflections• Cognitive-Behavioral Therapy• Grief counseling

Online behavioral & mental health therapy includes:

Highly qualified, credentialed mental health professionals available to serve your students' needs, including:

- Nationally Certified School Psychologists (NCSPs) with support or in emergencies, as needed.
- Professionals with your state's certificates and/or credentials
- Access to specialized professionals who provide highly individualized care
- Accommodation of students one-on-one or in small groups
- Highly secure, online videoconferencing that adheres to both FERPA and privacy requirements
- An online library of tens of thousands of engaging activities, exercises, and interactive resources to motivate students and support progress toward goals

What is Needed?

- Mac or PC with an up-to-date web browser
- High-speed internet connection
- Web camera
- A high quality USB headset with a microphone
- An appropriate location with good lighting

An active, onsite person may also be needed to assist with support or in emergencies, as needed.

Download our free ebook,:

Changing Minds: 5 New Ways to Tackle Tough Challenges in Behavioral & Mental Health Services.

plearn.co/bmh-ebook

Learn More

To get more information about the benefits of live, online psychoeducational assessments, please send an email to: schools@presencelearning.com.

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