Keeping Yourself Positive During Challenging Times

I. YOU Make A Difference
   A. Build a Better You
   B. You are the decisive element.
   C. You are a sum total of the choices that you make.

II. Five Attitudes of a Good Leader
   A. Gratitude
   B. People Building
   C. Solution Conscious
   D. Positive Expectancy
   E. Action

III. Discussion

The Attitude Mechanism

Think---------

Attitudes--------

Behavior--------

Results!